



The South East Colorado Women of the ELCA invite you to attend

I'm F.I.N.E. How are you?

Our news headlines say it all! Fear, depression, rage, family disruption, digital bullying, suicide, and..... We are facing this chaos together! Please join us for this day of learning and getting a better understanding of our feelings and mental health.

Saturday, June 10, 2023

Grace Lutheran, 1128 E. Boulder St., Colorado Springs, CO 80903

Registration begins at 9 a.m.; we'll end the gathering by 4.

NAMI (National Alliance on Mental Illness) will present a video. Our guest speaker and panelists will lead us in discussion about mental health.

Pastor Kelsey Fauser from Grace will lead our worship service.

We will have drawings for a handmade quilt and a relaxation basket. Drawing tickets will be \$1 each or 6 for \$5 so please bring cash or a check if you'd like to enter. The funds from the drawing will go to KPC Kids Place. Your offerings, given at the time of our worship service, will go to NAMI and the Rocky Mountain Synodical Women's Organization (RMSWO).

We look forward to seeing each of you there!



Please make your \$40.00 payment to SECO WELCA and mail that along with this registration form to

Deb Haar
6555 Weeping Willow Dr.
Colorado Springs, CO 80925

Questions? Call or text Deb at 719-650-5688 or email to haardap@hotmail.com

Registrations must be received by Friday, June 2, 2023

Name: _____

Home church: _____

Address: _____

Phone: _____ e-mail: _____

emergency contact and phone: _____

allergies/special needs: _____

A continental breakfast and a buffet lunch are included with your registration.